

## **CANOE TRIP PREP CHECKLIST**

## **GETTING STARTED:**

- Helpful publications include Missouri Ozark Waterways, Paddlers' Guide to Missouri, topographic maps.
- Canoe Rental Websites: visitmo.com, missouricanoe.org
- Canoe Types: Plastic or Metal Plastic ones often work best in our ozark streams, since they are light and more easily slide over gravel and rocks. There are also various alternatives including kayaks and rafts.
- Make sure your canoe has both bow and stern pull ropes.
- Notify others of your plans in case of an emergency.

ITEMS TO BRING:
☐ PFDs - personal flotation devices for each person
☐ Clip-on seats and cushions
☐ Large sponge (to remove water from the canoe)
☐ Dry bag or water proof bucket with lid
☐ Trash bag
□ Cooler
□ Water
☐ High energy snacks
Sunscreen
☐ Hat
□ Sunglasses
☐ Wading shoes
☐ Rope (to tie the cooler and waterproof bucket to your canoe)
☐ First-aid kit
☐ Camera

## Additional Links:

American Canoe Association - http://www.acanet.org